



**UNIVERSIDAD CANDEGABE
DE HOMEOPATIA**

DISTANCE LEARNING UNIVERSITY

TITLE: CLEMATIS ERECTA: CLINICAL CASE

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VENUE: BUENOS AIRES - ARGENTINE REPUBLIC

**PURPOSE: SHOWING THE DIGNITY OF CURING AND REACHING
SIMILLIMUM REMEDY**

OUTLINE: CLINICAL CASE REPORT AND FOLLOW UP

**METHOD: THE PRECISE AND PRACTICAL METHOD OF
PURE HOMEOPATHY**

MEDICAL RECORD

-Summary-

Name: Claudia

Age: 54 years old.

Gender: female.

Marital Status: divorced, two children.

Occupation: employee.

Chief Complaint:

Hypercholesterolemia not influenced by diet; high blood pressure; very depressed.

Clinical Surgical Background:

Tonsillectomy – Appendectomy – Breast cancer operation in 1988.

Parents died from cardiovascular disease.

Anamnesis and interrogation:

First Consultation (October 1994):

"I am very depressed because of my daughter's departure. I find the idea of my daughter living with her partner difficult to deal with. I'm not happy any more. I feel lazy and have no goals. Why should I continue living? I cannot control my life any more."

Patient says she has a huge problem with her son she cannot understand. She expresses she feels angry: "He was psychiatrically hospitalized. I cannot talk to him. He doesn't want to receive medical care."

Patient does not consider herself as an intelligent person. She acknowledges she forgets things and her memory fails. She says she feels lonely and doesn't like living alone: "I never enjoyed being by myself and I usually lose heart." Patient adds: "On weekends, as I don't go to work, I don't have a bath. I feel uncomfortable among people but I don't like being on my own. I prefer small meetings. I don't enjoy talking a lot. I feel bad when things are untidy. I hardly have free time."

Childhood: Patient studied at a boarding school where she received visits only on Sundays. She kept this as a secret for a long time. "I'm nostalgic, maybe romantic when I think of men. I have the feeling that the best times of my life are over." Patient also says: "I shout and curse when I get angry with my son. I cannot face problems. I struggle between being a leader or not, though I would like to be a leader. I enjoy food but I eat in a hurry. After eating I feel lax and very flatulent. I am very worried about old age, about suffering and impairment. I would like to die without suffering. I don't like storms. I'm afraid of electrocution and of something happening to me. I cannot tolerate extreme temperatures. I sleep uncovered and

move a lot in bed. I hardly ever remember my dreams, which are confusing. I never sleep more than six hours. I sleep on my side."

Meals: Patients eats anything and has no desires or strong dislikes.

Beverages: Patient sometimes wishes for alcoholic drinks.

Patient is medicated with Lycopodium 1000 plus powder.

1998 Consultation:

Patient brings a gynecologic ultrasound showing an intramural uterine fibroid of 31x32x26 mm. I recommend no operation.

Patient is more supportive towards euthanasia and suicide and thinks about death as a way to avoid impairment. She thinks a lot about old age and believes she should suicide at the age of 80.

Patient is medicated with Lycopodium 10000 plus powder. T. A. 150/90.

1999 Consultation:

Patient says she was operated on May 28. "I feel sad, bad and with no hope." I ask: "No hope regarding what?" and she answers she has no hope regarding death without suffering.

Patient adds: "My life is very little attractive. I feel lonely and loneliness affects me a lot."

Patient continues treatment with Lycopodium.

September 2000 Consultation:

Cholesterol: 204 mg%.

Patient says she finds it difficult to start any activity and that she gets depressed when she's on her own. She says: "I feel lonely. I don't like living alone. I feel better when I eat. I experience anxiety and find it difficult to be on a diet." Patient continues: "I feel excluded. I prefer small meetings. If I stay home during the weekend I don't have a bath. I feel lax after lunch. I enjoy alcoholic drinks. I have flatulence. I find it difficult to start any activity and this irritates me a lot. Since I was small, the borders of my eyelids are swollen. I feel scales of skin that itch. I cannot wear makeup right now."



TOTALIDAD SINTOMATOLÓGICA

CARACTEROLÓGICOS	<ul style="list-style-type: none">- Desesperanza- Nostalgia- Pereza
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		HISTORICOS	MEDIOS	ACTUALES
MOD	M	Compañía; deseo de solo agrava Miedo; solo de estar	-Muerte; pensamientos -Suicidio; pensamientos -Muerte; desea la:	<ul style="list-style-type: none">- Aversión a lavarse- Miedo al sufrimiento
	G		Debilidad; comer después de: Comer: después agrava	
	L	- Inflamación; párpados márgenes	-Sueños confusos	



AUXILIARES	Debilidad Apetito aumentado Frilosidad Memoria; debilidad de
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AUXILIARES	Debilidad Apetito aumentado Frilosidad Memoria; debilidad de
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Repertorización		
1	Compañía; deseo de compañía, estando solo agr.	48
2	Miedo; solo de estar	60
3a	Muerte; pensamientos de	54
3a	Suicidio; disposición al-pensamientos	30
4	Ojos; inflamación, párpados-márgenes	28
5	Generales; debilidad, comer después de	60



MEDICAMENTOS CANDIDATOS

	ars	hep	clem	arg-n.	phos	con	crot-c.	kali-c.	merc.
	5/12	5/9	5/8	4/9	4/9	4/7	4/7	4/7	4/6
1	3	3	1	2	3	1	1	2	2
2	3	1	2	3	3	2	3	3	1
3a	2		1	2	2	2	2	1	1
3a		2	1	2					2
4	1	2	3	2					1
5	3	1	1		1	2	1	1	



Prescripción	Clematis erecta
Evolución	

Prescription:

According to the 3rd, 4th and 5th step of the Method, the remedy that best matches the lack of harmony of the vital energy of the patient is Clematis erecta.

DIFFERENTIAL DIAGNOSIS:

Arsenicum: Anxiety and restlessness are related to patient's fear of death -especially during the night- and to hunger, poverty and money. Her worries relate to health and salvation as a consequence of her anxiety.

Hepar Sulphur: Oversensitivity; excessive reactions. External features: feeling in a hurry, with violence and no guilt. Internal features: unhappiness, suicidal tendencies, never laughs. Fear of death and death premonitions. Indifference for her family; visions of fire: "the world is burning".

Clematis erecta: Clematis feels anxious while waiting for something bad to happen and is afraid of evil, misfortune and ghosts. Clematis is anxious about the future and trivialities cause irritation and anger. Clematis feels unfocused, avoids being with people, fears being alone and is invaded by sad thoughts and fears such as fear of suffering. When nostalgic, Clematis misses family and cries. Clematis experiences no hope; lack of strength to overcome situations, feeling of loss of moral strength and thoughts of death. Clematis has "sad thoughts" and no consciousness or abandonment anxiety. A characteristic of Clematis is skin irritation, mucous and, especially, swollen eyelids.

Evolution to date:

Year 2001: Patient feels more active, feels like doing things; she deliberated about death and decided to die from suicide. Clematis erecta 1000.

Year 2002: "I must have felt quite good as I didn't make any medical visit last year". Patient has less suicidal thoughts and doesn't feel bad about loneliness. Patient sometimes says: "how nice... I'll have a complete day to be on my own."

Year 2003: Eight month without medication. Patient says she was sure about suicide but that now she doesn't think about it that much. Clematis erecta 3000.

Year 2004: Patient says she is not free to decide when to die. "I felt so well and happy while medicated with Clematis!" She says she felt another person. "It's been eight month without medication. Loneliness is boring and paralyzing. However, I must practice being on my own. I prefer to control death. I don't think it's fair to die all of a sudden." COL. 210 --- T. A. 120/80.

Last Consultation (May 2006): Patient evidences a strong improvement regarding thoughts of death and suicide (guiding symptoms). She tells she feels nostalgic because she would like to meet somebody. Patient can now deal with loneliness: "I need to be on my own." Her swollen eyelids are much better.

CONCLUSIONS:

We herein described a clinical case prescribing Clematis erecta by means of the Method of Pure Homeopathy (Dr. Marcelo Candegabe - Dr. Hugo Carrara) and a differential diagnosis is established.

BIBLIOGRAPHY:

- Bases y Fundamentos de la Doctrina y Clínica Médica Homeopáticas (Dr. M. Candegabe - I. Deschamps).
- Aproximación al Método de la Homeopatía Pura (Dr. M. Candegabe - Dr. H. Carrara).
- Encyclopedia of Materia Medica Pure (T. F. Allen).